



PFT Workshop Attendee Agreement

Please read the statements below specifying expectations, roles and responsibilities of you as a NESTA workshop attendee. Sign your initials in the space provided next to each statement showing that you have read, understand, and agree to each statement, then sign and date the bottom of this form. Bring this signed form with you to the workshop.

I understand that NESTA is in no way responsible for any injury or illness that may occur while taking part in any physical activity at this workshop.

I agree to give my undivided attention to the presenter(s) and conduct myself in a professional manner, not infringing upon any other individual's opportunity to learn. I further understand that if I am asked more than once to not disturb others and their learning process in any way that I may be asked to leave the workshop and not return.

I promise to give only my best efforts to learn and improve my current knowledge, skills and abilities as a fitness professional by participating fully (barring injury or illness) at all times during this workshop.

I understand that I am expected to come prepared and on time each day and following each break to not disturb the learning process for any other workshop attendees.

I understand that it is my responsibility to use the PowerPoint presentation received at the workshop as a guide, and the PFT CD-ROM Manual as my reference for the passing of my exam. I understand that the workshop presentation will aid me in the passing of my exam, but the workshop presentation's main goal is my professional success as a personal fitness trainer, not an exam review session.

I promise to do my own work and hold myself responsible for my certification exam performance and if I am caught cheating in any way during the exam I will forfeit any possibility of future NESTA PFT certification and all prepaid fees.

I understand that the NESTA office will inform me of the status of my exam, certification or CEUs after 10-15 business days from the Monday following this workshop. I understand that I will receive an email notice preceding mailing.

I understand that I may appeal the grading accuracy of my exam but I cannot appeal specific exam questions or their answers.

I hereby certify that I have agreed to the above statements and will adhere to their requirements to the best of my knowledge and ability at this NESTA workshop.

Printed Name

Signature

Date

Please complete and submit during registration (7:30-8:00am) at the workshop.