



PFT Workshop Attendee Agreement

Please read the statements below specifying expectations, roles and responsibilities of you as a NESTA workshop attendee. Sign your initials in the space provided next to each statement showing that you have read, understand, and agree to each statement, then sign and date the bottom of this form. Bring this signed form with you to the workshop.

I understand that NESTA is in no way responsible for any injury or illness that may occur while taking part in any physical activity at this workshop.

I agree to give my undivided attention to the presenter(s) and conduct myself in a professional manner, not infringing upon any other individual's opportunity to learn. I further understand that if I am asked more than once to not disturb others and their learning process in any way that I may be asked to leave the workshop and not return.

I promise to give only my best efforts to learn and improve my current knowledge, skills and abilities as a fitness professional by participating fully (barring injury or illness) at all times during this workshop.

I understand that I am expected to come prepared and on time each day and following each break to not disturb the learning process for any other workshop attendees.

I understand that it is my responsibility to use the PowerPoint presentation received at the workshop as a guide, and the PFT CD-ROM Manual as my reference for the passing of my exam. I understand that the workshop presentation will aid me in the passing of my exam, but the workshop presentation's main goal is my professional success as a personal fitness trainer, not an exam review session.

I promise to do my own work and hold myself responsible for my certification exam performance and if I am caught cheating in any way during the exam I will forfeit any possibility of future NESTA PFT certification and all prepaid fees.

I understand that the NESTA office will inform me of the status of my exam, certification or CEUs after 10-15 business days from the Monday following this workshop. I understand that I will receive an email notice preceding mailing.

I understand that I may appeal the grading accuracy of my exam but I cannot appeal specific exam questions or their answers.

I hereby certify that I have agreed to the above statements and will adhere to their requirements to the best of my knowledge and ability at this NESTA workshop.

Printed Name

Signature

Date

Please complete and submit during registration (7:30-8:00am) at the workshop.



WAIVER OF LIABILITY
PLEASE COMPLETE AND RETURN AT REGISTRATION

WHEREAS, I _____ will be partaking of the NESTA Personal Training Workshop instruction, and as I have reviewed and understand this waiver, I voluntarily agree to the following:

I am at all times, responsible for my own safety as well as the safety and security of my personal belongings. I am aware that much of the sports equipment that I may use is new, prototypes or experimental, and I will exercise great care in its use. Further I agree to indemnify and hold harmless NESTA, all affiliated organizations, staff, assignees and assistants from any and all injury I might incur during any seminar, educational program or class held by NESTA.

I _____ do swear and testify that I am of sound Physical, mental and emotional health and that I can endure the stress of the intense classroom and practical studies that I will be exposed to during the NESTA seminar. I completely release, NESTA, its directors, employees, staff, assignees and all affiliated organization from any liability arising from physical or mental injury I may suffer at the NESTA seminar. I will indemnify and hold harmless NESTA and all affiliated organizations for any injury or dispute that may arise with any client I service. NESTA and its affiliates are in no way responsible for my services as a Certified Fitness Instructor.

I understand that the NESTA certification program and examination is the sole property of NESTA. I will not reveal test questions or the contents of the examination to anyone without, written approval of NESTA. I waive all rights to the question of the grading decisions, and release NESTA, its directors, staff, employees, assignees and all affiliated organizations from any and all liability associated with the certification examination, its grading procedures or methods.

I Understand that filming and photographs will be taken of me during the course and I give NESTA my permission to use them as they see fit, without my prior consent.

In the event that any part of this agreement is voided, the remaining portions will continue in effect. In the event that this agreement is held invalid, NESTA and it affiliates will have the right and option to bring any disputes to arbitration according to the rules of the American Arbitration Association of California, whose decision will be considered final and legally binding.

Signed and agreed to on the _____ day of _____, _____

Participant

NESTA Representative